

Instrucciones: a) Duración: 1 h.30m. b) No se permite el uso de diccionario. c) La puntuación de las preguntas está indicada en las mismas. d) Los alumnos deberán realizar completa una de las dos opciones A o B, sin poder mezclar las respuestas.

OPTION A: WOMEN IN THE MEDIA

- 1 Media plays a large role in creating social norms, because various forms of media, including advertisements,
2 television and films, are present almost everywhere in current culture. Gender roles, as an example, exist only
3 because society accepts them, but they are perpetuated by the media.
4 I searched for American advertisements with girls playing with action figures and boys playing with dolls. It was
5 useless. Even when choosing a more neutral product, like paint, the advertisement was sending different messages
6 for girls and boys. The girls were all coloring, while one boy who was singing a rap ended up being the main
7 character in the advertisement.
8 The well-known TV series *The Big Bang Theory*, in its earlier seasons, had only one consistently present female
9 character – Penny. She was a stereotypical female character: the silly blonde attractive neighbor, who only existed to
10 create sexual tension between herself and one of the protagonists, Leonard Hofstadter. As the show progressed,
11 more females were introduced, but Penny's character still exists primarily to create romantic tension.
12 There's nothing wrong with accepting gender roles. The problem is that they can cross a line and become
13 oppressive. If a young woman wants to become a miner, and a young man a nurse, let them be. If a man wants to
14 cry, let him cry. Men feel just as women do.
15 Gender roles are not likely to change until there is a change in the media. Regardless of this, gender roles are
16 just that, roles. The best advice that can be given is to make sure that you are who you want to be, no matter where it
17 fits in society's set of conventional roles.

I * COMPREHENSION (4 points)

CHOOSE AND WRITE THE CORRECT OPTION (A, B, C or D). (0.5 points each)

1. Gender roles exist because...

- (a) society tolerates them. (b) they are necessary for the media.
(c) they have been created by the media. (d) governments promote them.

2. The search into American advertisements proved that...

- (a) girls are shown playing with action figures. (b) boys have less important roles than girls.
(c) girls have less important roles than boys. (d) girls are treated equally to boys.

ARE THESE STATEMENTS TRUE OR FALSE? JUSTIFY YOUR ANSWERS WITH THE PRECISE WORDS OR PHRASES FROM THE TEXT, OR USE YOUR OWN WORDS. (0.5 points each)

3. There has always been only one female character in *The Big Bang Theory*.

4. Gender roles cannot have a negative side.

5. Gender roles will probably stay the same unless the media change their attitude towards them.

6. You should always follow society's gender stereotypes.

7. FIND IN THE TEXT: (0.5 points)

7.1. THE WORD WHICH HAS THE FOLLOWING DEFINITION: "to make something continue indefinitely."

7.2. ONE EXPRESSION MEANING: "to go beyond accepted limits."

8. FIND IN THE TEXT: (0.5 points)

8.1. ONE OPPOSITE FOR "effective" (adjective).

8.2. ONE OPPOSITE FOR "refuse" (verb).

II * USE OF ENGLISH (3 points; 0.5 points each)

9. FILL IN THE GAPS WITH A CORRECT FORM OF THE VERB IN BRACKETS:

9.1. "I love hats. I... (wear) them all my life." 9.2. "If the teacher... (help) me more, I would have passed the exam."

10. FILL IN THE GAPS WITH THE CORRECT WORD:

10.1. "He didn't apply... (preposition) the job."

10.2. "He couldn't go on holiday due to his lack... (preposition) money."

11. GIVE A QUESTION FOR THE UNDERLINED WORDS: "They informed her about the project."

12. JOIN THE FOLLOWING SENTENCES USING AN APPROPRIATE LINKER (DO NOT USE AND, BUT, OR BECAUSE). MAKE CHANGES IF NECESSARY. "I was extremely tired. I had to go to bed early."

13. REWRITE THE SENTENCE WITHOUT CHANGING ITS MEANING. BEGIN AS INDICATED. "The Academy of Awards gave Emma Stone a very important prize." Emma Stone...

14. JOIN THE FOLLOWING SENTENCES USING A RELATIVE. MAKE CHANGES IF NECESSARY. "The headmaster has taken measures to promote equality between boys and girls. He is very worried about gender issues."

III * WRITING (3 points)

15. WRITE A COMPOSITION OF APPROXIMATELY 120 WORDS ABOUT THE TOPIC PROPOSED AND FOCUS STRICTLY ON IT:
Nowadays, boys and girls have the same opportunities in life. Discuss.

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OPTION B: WHAT SCIENCE SAYS ABOUT SNACKING AND BREAKFAST

- 1 The best way to keep a healthy heart is cutting back on salt, high fat foods, bread and pasta, and eating more
2 fruits and vegetables. However, eating well isn't just about what you eat, but about when you eat. So, experts from
3 the American Heart Association say that paying attention to how often you eat, and at what time of the day you do it,
4 can help to lower the risk of heart attacks and stroke.
5 According to some studies, breakfast-eaters tend to have lower rates of heart disease, and are also less likely to
6 have high cholesterol, and high blood pressure. They also tend to have more normal blood sugar levels and sugar
7 metabolism, meaning they are at lower risk of diabetes than those who don't eat breakfast.
8 Nevertheless, the data isn't so clear on the benefits of eating more frequently during the day. Even if the total
9 number of calories is kept constant, it is not absolutely certain that it will lower the risk of heart disease and obesity.
10 Finally, there's growing evidence that the body's metabolism isn't the same during the day, when the body is
11 active, as during the evening, when it's preparing to shut down. Experts say that the body and all of the organs have
12 clocks. There is a timing that provides all the nutrients that organs need. Furthermore, enzymes and other agents
13 that process food work better earlier in the day than at night.
14 So, while more research is certainly needed to better understand how the timing and frequency of meals affect
15 your health, it wouldn't hurt to keep eating breakfast and try to space your meals along the day.

I * COMPREHENSION (4 points)

CHOOSE AND WRITE THE CORRECT OPTION (A, B, C or D). (0.5 points each)

1. **According to some experts, it's not proved that we can lower the risk of heart problems by...**
(a) eating plenty of fruit and vegetables. (b) eating more often.
(c) reducing the ingestion of carbohydrates. (d) eating less fatty food.
2. **Which of the following statements is false? Breakfast-eaters tend to...**
(a) avoid diabetes. (b) suffer fewer heart attacks.
(c) help their metabolism. (d) have poorer health.

ARE THESE STATEMENTS TRUE OR FALSE? JUSTIFY YOUR ANSWERS WITH THE PRECISE WORDS OR PHRASES FROM THE TEXT, OR USE YOUR OWN WORDS. (0.5 points each)

3. **In order to eat healthily we only need to focus on what we eat.**
4. **It is easier to balance our blood sugar if we usually have breakfast.**
5. **Our body is designed to get ready to rest in the evenings.**
6. **Our enzymes work better at night.**
7. **FIND IN THE TEXT:** (0.5 points)
7.1. ONE SYNONYM FOR "reduce" (verb).
7.2. ONE SYNONYM FOR "increasing" (adjective).
8. **FIND IN THE TEXT:** (0.5 points)
8.1. ONE WORD MEANING "a condition characterized by the excessive accumulation and storage of fat in the body."
8.2. ONE WORD MEANING "a detailed study of a subject in order to find relevant information."

II * USE OF ENGLISH (3 points; 0.5 points each)

9. **FILL IN THE GAPS WITH A CORRECT FORM OF THE VERB IN BRACKETS:**

- 9.1. "I always avoid... (phone) people after 10 pm."
9.2. "It's hard for me... (stop) snacking."

10. **FILL IN THE GAPS WITH THE CORRECT WORD:**

- 10.1. "They went... (preposition) holiday to the mountains."
10.2. "She goes to the gym... (preposition) the morning."

11. **REWRITE THE SENTENCE CORRECTLY WITHOUT CHANGING ITS MEANING: "He couldn't to drive, so he went to Paris on train."**

12. **COMPLETE THE FOLLOWING CONDITIONAL SENTENCE: "If I were you,..."**

13. **TURN THE FOLLOWING SENTENCE INTO THE PASSIVE VOICE: "Did anyone deliver the letter yesterday?"**

14. **REWRITE THE FOLLOWING SENTENCE WITHOUT CHANGING ITS MEANING. BEGIN AS INDICATED. "Although it was raining, we went out." Despite...**

III * WRITING (3 points)

15. **WRITE A COMPOSITION OF APPROXIMATELY 120 WORDS ABOUT THE TOPIC PROPOSED AND FOCUS STRICTLY ON IT:**

What can you do to keep healthy and/or fit?